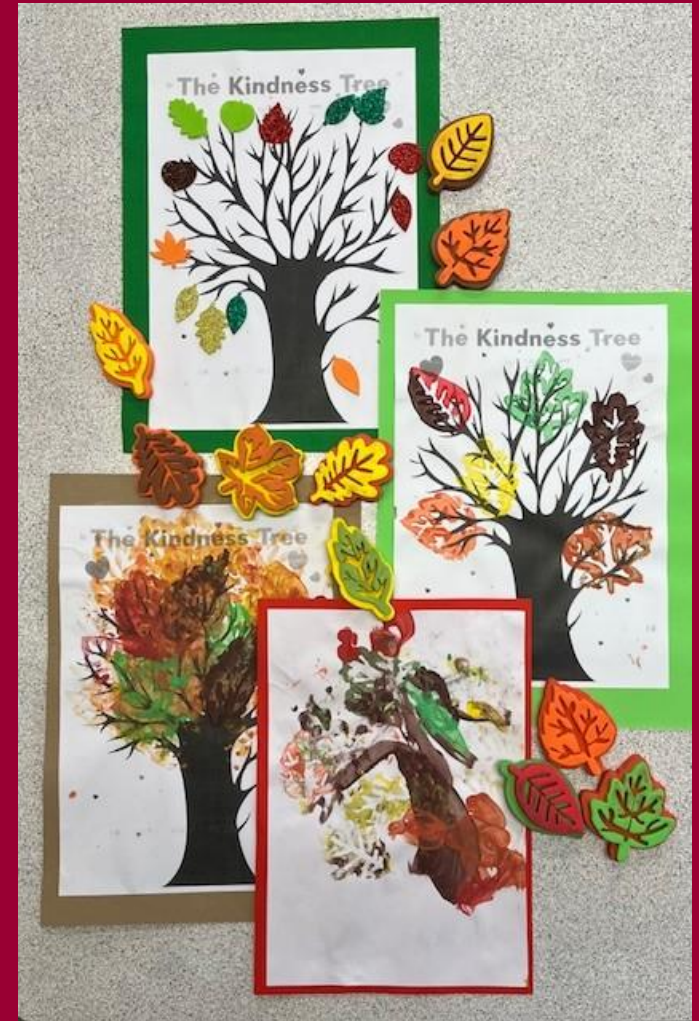


News From Thrive - October 2025

It was wonderful to welcome all our children back in September! We've had a busy and positive start to the new school year in our Thrive sessions.

During the first few weeks back, teachers focused on Thrive-based activities within their classrooms, helping children to feel a strong sense of belonging, feel settled, and build positive relationships in their new class groups. Everyone had lots of fun, and it's been so lovely to see the children transition up through the school so confidently and happily.

Mrs Whitehead has also been exploring the theme of kindness - looking at what it means to be kind, how we can show kindness to others, and why it's important. The children created beautiful 'Kindness Trees' using stamps and stickers in rich, autumnal colours to decorate our Woodlands Room.





Over the summer, Mrs McGookin set a Thrive project called '6 Weeks of Summer', with a different weekly theme:

Week 1: Mindfulness

Week 2: Food

Week 3: Nature

Week 4: Gratitude

Week 5: Art

Week 6: Self-Care

It was a real joy to look through the returned projects in September - so many creative, thoughtful, and fun activities took place over the holidays! Judging by the effort and energy that went into them, we think a few parents might need a rest this term too!

A big thank you to all the children who took part. Your efforts were recognised with certificates presented during Celebration Assembly—well done to everyone involved!